



Parkinson's Resources

*A curated list of trusted organizations and communities supporting
people with Parkinson's.*

Research & Foundations



Michael J. Fox Foundation

Dedicated to finding a cure for Parkinson's Disease through funded research and advocacy. <https://www.michaeljfox.org/>



Davis Phinney Foundation

Helping people with Parkinson's live well today through education, inspiration, and tools. <https://www.davisphinneyfoundation.org/>



Parkinson's Foundation

Better Lives. Together. Supporting care, research, and community for those affected by PD. <https://www.parkinson.org/>



American Parkinson Disease Association (APDA)

Providing support, education, and research to help everyone impacted by Parkinson's. <https://www.apdaparkinson.org/>



Neuro Challenge Foundation

Empowering people with Parkinson's and their caregivers through personalized care and education. <https://www.neurochallenge.org/>

Community & Advocacy



Act4Parkinsons

Empowering individuals and families affected by parkinson's through education, advocacy, and community driven support programs. <https://act4pd.org>



Parkinson's Group of the Ozarks

A Springfield, MO nonprofit offering free local support groups, wellness classes, and community resources for people impacted by Parkinson's in the Ozarks. <https://parkinsonsgroup.org>



The Parkinson's Plan

A prevention-focused initiative by Drs. Dorsey and Okun offering 25 science-backed steps to reduce Parkinson's risk and drive advocacy. <https://pdplan.org/>



PD Avengers

A global alliance of people with Parkinson's uniting to end the disease. <https://www.pdavengers.com/>



Parkinson Place Center

Serving the Parkinson and Movement Disorder community since 2012 with programs and support. <https://parkinsonplace.org/>



It's Just Parkinson's

John Cullen's inspiring journey of resilience and athleticism after his Parkinson's diagnosis. <https://www.itsjustparkinsons.com>



Parkinson's Plan of Attack

Dr. Sarah King, PT, DPT, offers empowering strategies to live vibrantly with Parkinson's. <https://invigoratept.com/>

News & Information



Parkinson's News Today

Daily updates, research news, and personal stories from the Parkinson's community. <https://parkinsonsnewstoday.com/>